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Take action towards a sustainable future
New Zealand's sustainability products and books webstore

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Earth Angel turned 1 in March 2008

It has been a wonderful first year working with you through Earth Angel. Thank you for your custom and support! Since the Christmas break I have found exciting new products to offer you. If you find something that will excite others into taking action towards a sustainable future let me know!

Recycled Glassware

These gorgeous 100% recycled glass plate and tumblers are a new range from Spain. Give someone the gift of colour to brighten their day.

At this time limited quantities are available. If you are interested in ordering a set of a particular plate or dinner set then contact Earth Angel with your request for special pricing (please allow time for ordering).



Dinner plate 26.5 cm
\$22 + postage



Platter 31.5 cm
\$31 + postage



Tumber 350 mls
\$14 + postage



Bowl 22cm
\$25 + postage

Articles from Earth Angel now on www.womenz.co.nz

Learn more about sustainability through **Womenz** New Zealand's interactive online magazine is especially for Women over thirty. **Womenz** mission is to inspire, inform, encourage, excite, connect and unite women - no matter what their personal or professional status, or where they reside. Earth Angel is providing articles on sustainability on the **Womenz** website to help spread the word how easy it can be to adopt sustainability actions in our everyday lives.

Article 1

Perhaps you saw [Al Gore's Inconvenient Truth](#) or TV3's programme [Wasted](#) and have decided to try and reduce your household's impact on the environment this year.

Here are 5 handy hints to get you started on your sustainability journey:

1. Make sure you involve the whole family - create a wider sense of ownership for the new behaviours and actions you want the family (or flatmates) to take.
2. Ensure you repeat any new actions a number of times - it can take at least three times for an action to turn into a new behaviour.
3. Use the word 'remember' rather than 'don't' - always use the positive to reinforce what action you want; otherwise you are reinforcing the old/bad behaviour.
4. Notice the difference! You and your family have made an effort and the results will be there, but you might need to compare old and new actions to realise the changes you have all made.
5. Always remember to reward yourself and the family for continuing a new habit or action - we tend to want to do something more if it is positively reinforced.

And remember - sustainability is a journey, not a destination. We are all learning as we go.

It's come to that greatly anticipated time - your children are starting their new school year. So what new sustainability actions can you take together?

Here are 5 sustainability tips for the new school year:

1. Ask the family to turn off the cold-water tap when they are brushing teeth until they need the water - water is a precious resource that should not be wasted.
2. Pack lunches in re-usable containers with compartments for snacks - this will remove the need to use plastic wrap and reduce waste to landfill.
3. Place food scraps from yesterday's school lunch in a worm farm - give nature back her resources and she will provide a lovely garden to you.
4. Encourage your children to walk to school with friends or on a walking school bus - reduce the carbon emissions your family emits driving to school each day and help your children get fit! Try walking to work yourself if you live close to work.
5. Encourage your child's school to adopt sustainable actions too - help create a sustainable community.

Sustainability is Fun!

Have a look at our new range of t-shirts. Some of the t-shirts are for fun and others have a message to share.



**Maybe it NOT all
about me**

(made from organic material)
\$30 + postage



Whorly bird

(made from organic material)
\$30 + postage



RE-CYCLE

(polycotton)
\$25 + postage

March is Expo Month

Earth Angel will be exhibiting at two expos during the month of March. Come visit us and see our wonderful range in person.

Waitakere City's EcoDay

Sunday, 9th March 2008 at Olympic Park, New Lynn, Waitakere City, Auckland

Stand 43

Cost - Free event!

Hamilton Womens Lifestyle Expo

Saturday 15th- Sunday 16th March 2008 at the Claudelands Events Centre, Heaphy Terrace, Hamilton.

Stand 270

Cost - Bring Earth Angel's newsletter with this section and receive a \$2 off the entrance price (~~\$10~~ -> \$8)

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For further assistance or ideas contact Earth Angel

Take action towards a sustainable future

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